

TAAS School Lunch Menu – August – October 2026

Monday	Tuesday	Wednesday	Thursday	Friday
8/10 Pizza Hut	8/11 全國便當 Lunchbox	8/12 素肉麵捲 Canelones	8/13 *什錦炒飯 *Assorted Fried Rice	8/14 番茄起司蛋堡 Tomato Cheeseburger
8/17 起司通心粉 Mac and Cheese (with veggie nuggets)	8/18 韓式便當 Korea Lunch Box	8/19 元氣摩力珍珠堡 Plant-Based Rice Burger	8/20 水餃 Dumplings	8/21 素熱狗 Vegetarian hotdog
8/24 咖哩酥排飯 Veggie meat Curry Rice	8/25 素魚排簡餐 Veggie meat Lunch Box	8/26 蔬菜可樂餅飯 Vegetable rice with croquettes	8/27 什錦炒麵 Assorted Fried Noodles	8/28 壽司 Sushi
8/31 Pizza (Domino)	9/1 蔬食便當 Vegetarian Lunch Box	9/2 奶油青花菜義大利麵 Creamy Broccoli Italian Pasta	9/3 菌菇米漢堡 Mushroom Rice Burger	9/4 韓式拌飯 Korea Mixed Rice
9/7 Pizza Hut	9/8 全國便當 Lunchbox	9/9 蜂蜜芥末鱈魚咖哩飯 Honey Mustard Veggie Curry Rice	9/10 麻醬乾麵 Sesame Noodles	9/11 起司蛋三明治 Egg and Cheese sandwich
9/14 煎餃 Fried Dumplings	9/15 素香排簡餐 Veggie meat Lunch Box	9/16 Kare Rice (curry stew with vegetables & rice)	9/17 蛋包飯 Omelet	9/18 韓式飯捲 Korean Kimbap
9/20 Pizza (Domino)	9/22 蔬食便當 Vegetarian Lunch Box	9/23 菌菇潛艇堡 Mushroom Sandwiches	9/24 蘑菇鐵板麵 Mushroom Noodles	9/25 Mid-Autumn Festival (no school)
9/28 Teacher's Day (no school)	9/29 全國便當 Lunchbox	9/30 義大利素肉醬麵 Spaghetti Bolognese	10/1 什錦炒飯 Assorted Fried Rice	10/2 素鬆飯捲 Veggie Meat Floss Rice Roll
10/5 奶油南瓜螺旋麵 Creamy Pumpkin Rotini	10/6 蔬食便當 Vegetarian Lunch Box	10/7 素肉漢堡 Veggie Meat Burger	10/8 什錦米粉 Assorted Fried Rice Noodles	10/9 National Day (no school)
10/12 元氣摩力珍珠堡 Plant-Based Rice Burger	10/13 韓式便當 Korea Lunch Box	10/14 奶油蘑菇義大利麵 Creamy mushroom pasta	10/15 咖哩酥排飯 Veggie meat Curry Rice	10/16 豆皮壽司 Inari sushi
10/19 Pizza (Domino)	10/20 素雞丁簡餐 Veggie meat Lunch Box	10/21 水餃 Dumplings	10/22 時蔬燉飯 Vegetable Risotto	10/23 墨西哥酥餅 Quesadilla
10/26 Retrocession Day (no school)	10/27 Parent-Teacher Conference Day (no school)	10/28 美乃滋蛋沙拉三明治 Egg-mayo sandwiches	10/29 蔬菜燉醬義大利麵 Pasta Ratatouille	10/30 起司漢堡 Cheeseburger