

TAAS School Lunch Menu – August - October 2025

Monday	Tuesday	Wednesday	Thursday	Friday
8/11 Pizza Hut	8/12 全國便當 Lunchbox	8/13 奶油南瓜螺旋麵 Creamy Pumpkin Rotini	8/14 *什錦炒飯 *Assorted Fried Rice	8/15 番茄起司蛋堡 Tomato Cheeseburger
8/18 起司通心粉 Mac and Cheese (with veggie nuggets)	8/19 韓式便當 Korea Lunch Box	8/20 元氣摩力珍珠堡 Plant-Based Rice Burger	8/21 水餃 Dumplings	8/22 素熱狗 Vegetarian hotdog
8/25 咖哩酥排飯 Veggie meat Curry Rice	8/26 素魚排簡餐 Veggie meat Lunch Box	8/27 蔬菜可樂餅飯 Vegetable rice with croquettes	8/28 什錦炒麵 Assorted Fried Noodles	8/29 壽司 Sushi
9/1 Pizza (Domino)	9/2 蔬食便當 Vegetarian Lunch Box	9/3 奶油青花菜義大利麵 Creamy Broccoli Italian Pasta	9/4 菌菇米漢堡 Mushroom Rice Burger	9/5 韓式拌飯 Korea Mixed Rice
9/8 Pizza Hut	9/9 全國便當 Lunchbox	9/10 蜂蜜芥末鱈魚咖哩飯 Honey Mustard Veggie Curry Rice	9/11 麻醬乾麵 Sesame Noodles	9/12 起司蛋三明治 Egg and Cheese sandwich
9/15 煎餃 Fried Dumplings	9/16 素香排簡餐 Veggie meat Lunch Box	9/17 Kare Rice (curry stew with vegetables & rice)	9/18 蛋包飯 Omelet	9/19 韓式飯捲 Korean Kimbap
9/22 Pizza (Domino)	9/23 蔬食便當 Vegetarian Lunch Box	9/24 菌菇潛艇堡 Mushroom Sandwiches	9/25 蘑菇鐵板麵 Mushroom Noodles	9/26 起司漢堡 Cheeseburger
9/29 Parent-Teacher Conference (No School)	9/30 全國便當 Lunchbox	10/1 義大利素肉醬麵 Spaghetti Bolognese	10/2 什錦炒飯 Assorted Fried Rice	10/3 素鬆飯捲 Veggie Meat Floss Rice Roll
10/6 Mid-Autumn Festival (no school)	10/7 蔬食便當 Vegetarian Lunch Box	10/8 什錦米粉 Assorted Fried Rice Noodles	10/9 素肉漢堡 Veggie Meat Burger	10/10 National Day (no school)
10/13 元氣摩力珍珠堡 Plant-Based Rice Burger	10/14 韓式便當 Korea Lunch Box	10/15 奶油蘑菇義大利麵 Creamy mushroom pasta	10/16 咖哩酥排飯 Veggie meat Curry Rice	10/17 煎餃 Inari sushi
10/20 Pizza (Domino)	10/21 素雞丁簡餐 Veggie meat Lunch Box	10/22 時蔬燉飯 Vegetable Risotto	10/23 水餃 Dumplings	10/24 Retrocession Day (no school)
10/27 雙層起司素牛薯堡 Cheese Veggie Burger	10/28 蔬食便當 Vegetarian Lunch Box	10/29 美乃滋蛋沙拉三明治 Egg-mayo sandwiches	10/30 蔬菜燉醬義大利麵 Pasta Ratatouille	10/31 素肉麵捲 Canelones